



**MUNICIPALITY OF NORTH GRENVILLE
HEALTH, WELLNESS, FITNESS AND ACTIVE
TRANSPORTATION ADVISORY COMMITTEE AGENDA**

Tuesday, April 14, 2026, 5:00 p.m. - 7:00 p.m.
Held in Meeting Room 1, 285 County Road 44

Pages

A. CALL TO ORDER

B. LAND ACKNOWLEDGEMENT

The Municipality of North Grenville acknowledges that the Municipality operates on the territory of the Anishnabek.

We recognize all First Nations, Métis, and Inuit peoples who now call North Grenville their home. We respect and support the need for cultivating a strong relationship, and we commit to Indigenous-informed decision making to foster the path towards reconciliation.

C. ADOPTION OF THE AGENDA

RECOMMENDATION

THAT the Agenda for April 14, 2026 be approved, as presented.

D. DECLARATION OF PECUNIARY INTEREST AND GENERAL NATURE THEREOF

E. DEPUTATIONS

F. MINUTES OF PREVIOUS MEETING

1

RECOMMENDATION

THAT the Minutes of the March 10, 2026 meeting be adopted, as presented.

G. REPORTS AND DECISION ITEMS

1. April 2026- Regional Trails and 416 Crossing

Member to review the county's active transportation plan

Leeds Grenville Active Transportation Plan

2. 2026 North Grenville Budget

Member to review 2026 budget projects

2026 North Grenville Budget

3. Enhanced Workplan Review

5

H. CORRESPONDENCE

1. Terms of Reference

7

Name of the committee and spelling updated in the Terms of Reference, for members' reference only.

I. ADJOURNMENT

RECOMMENDATION

THAT we do now adjourn at _____ p.m. to meet again on May 12, 2026 or at the call of the Chair.



MUNICIPALITY OF NORTH GRENVILLE
HEALTH, WELLNESS, FITNESS AND ACTIVE TRANSPORTATION
ADVISORY COMMITTEE MINUTES

March 10, 2026, 5:00 p.m.
Held in Meeting Room 1, 285 County Road 44

MEMBERS PRESENT Co-Chair Tanya Deans
Councillor Deb Wilson
Michael Amirault
Robert Angi
Amy Culhane
Anne Jesseau
Robert Matheson
Charles McDonald
Laura Fortune
Nick Charman
Veronica Rusch

MEMBERS ABSENT Co-Chair Councillor Doreen O'Sullivan
Mayor Nancy Peckford

STAFF PRESENT Senterre McKenna, Committee Clerk

A. CALL TO ORDER

In the absence of Co-Chairs T. Deans and Councillor D. O'Sullivan, the committee selected M. Amirault as Acting Chair.

The meeting was called to order at 5:03 p.m.

B. LAND ACKNOWLEDGEMENT

Acting Chair M. Amirault read the land acknowledgment.

C. ADOPTION OF THE AGENDA

A round of introductions was held for the newest members.

#HWFATAC-2026- 07

Moved By Charles McDonald

Seconded By Robert Matheson

THAT the Agenda for March 10, 2026 be approved, as presented.

CARRIED

D. DECLARATION OF PECUNIARY INTEREST AND GENERAL NATURE THEREOF

There were no declarations of pecuniary interest or general nature thereof.

E. DEPUTATIONS

There were no deputations.

F. MINUTES OF PREVIOUS MEETING

#HWFATAC-2026- 08

Moved By Robert Angi

Seconded By Charles McDonald

THAT the Minutes of the February 10, 2026 meeting be adopted, as presented.

CARRIED

G. REPORTS AND DECISION ITEMS

1. Terms of Reference

The Terms of Reference were reviewed with the newest members. It was noted that the membership has been increased to a maximum of 11 members, as an exception approved by Council for the remainder of the term.

2. 2026 Enhanced Workplan

The public meeting held on March 9 regarding the Mobility Master Plan (MMP) was attended by Member Anne Jesseau. Councillor D. Wilson noted that not all members received the communication about this meeting related to the Active Transportation Master Plan. Member A. Jesseau noted that there was a online survey open at the time of the meeting for public feedback.

Members asked whether advisory committees could review any ongoing plans and related documents to the upcoming MMP, as they feel that including an advisory committee perspective would be

beneficial. They also referred to the document shared at the last meeting, “Creating a More Inclusive Ontario,” and commented that these themes have been raised by this committee over several years. Councillor D. Wilson confirmed that Municipal staff will be attending a conference which is focused on age-friendly communities.

Councillor D. Wilson further noted that a seniors’ program grant has been approved for a senior’s event to be held at the Pte. Blake Williamson Memorial Hall. This will be a free program for seniors beginning in a few weeks.

Member L. Fortune observed that some other communities offer free services and events for teens, and she will coordinate a delegation to the committee at a future meeting to discuss this.

Members expressed concerns about the lack of bike paths and child-friendly active transportation options and emphasized the need to support growth that fosters a more walkable and cyclable community.

H. CORRESPONDENCE

There were no items of correspondence.

I. ADJOURNMENT

Members discussed facilities and amenities they would like to see in the community, including:

- Community indoor pool
- Walking trail
- Sports dome
- Greater focus on trails and cycle paths
- More walkable neighbourhoods
- An additional ice pad
- More community events for seniors
- Expanded health care services
- Improved waterway accessibility

Councillor D. Wilson noted that Oxford Station Park had requested a shade structure, which has been added to the 2026 budget. She also commented that additional ice pads would be well-used and supported by many sports groups, and that there is community interest in an indoor lacrosse program.

An indoor pool was identified as a benefit to the community, and it was observed that a new hospital will be needed in the near future.

Member M. Amirault commented that he believes County Road 43 will need to be expanded beyond Somerville Road toward Merrickville before long, due to increased population.

There was a general discussion about community growth, with members highlighting the need to plan for future expansion, additional services, and supports.

#HWFATAC-2026- 09

Moved By Robert Angi

Seconded By Charles McDonald

THAT we do now adjourn at 6:20p.m. to meet again on April 14, 2026 or at the call of the Chair.

CARRIED

DRAFT



Corporation of the Municipality of North Grenville

Committee:	Health, Wellness, Fitness and Active Transportation Advisory Committee
Subject:	2026 Workplan
Date:	February 10, 2026

Staff Lead: Tana Torch, Director of Parks and Recreation

Inter-Committee Co-ordinator: To be determined at a later date

SMART GOALS:

Committee to outline SMART Goals based on objectives noted in the terms of reference and 2026 enhanced workplans for the specific committee.

Goal: <i>(Specific)</i>	How is success / completion measured?	Target Date:	Other Comments :
1. Parks, Recreation and Culture Master Plan Renewal	Review the January 2020 Parks, Recreation and Culture Master Plan and provide input into the development of the Master Plan Renewal which will commence in early Spring of 2026	May 2026	Municipal Clerk to circulate the January 2020 PRC Master Plan.

<p>2. Active Transportation Master Plan</p>	<p>Identify forthcoming recommendations; propose a pragmatic 24-month delivery sequence, with quick wins for pedestrian connectivity.</p>	<p>March 2026</p>	<p>All Committees Meeting March 9th 5:00 p.m. – 7:00 p.m</p>
<p>3. Regional Trails & 416 Crossings</p>	<p>Advise on feasibility and partnerships for north/south trail connections (incl. CP corridor south and Ottawa links north).</p>	<p>April 2026</p>	<p>Part of the Mobility Master Plan. Review the County’s Active Transportation Plan, including paved shoulders.</p>
<p>4. Aging Friendly Community</p>	<p>Review the ‘Creating a More Inclusive Ontario: age-friendly community planning guide for municipalities and community organizations.’ Explore the development of an age-friendly community action plan to present to municipal council for approval.</p>	<p>June 2026</p>	<p>Municipal Clerk to circulate the document.</p>
<p>5. Review projects from 2026 Budget that align with the Committee mandate.</p>	<p>Provide engagement and input on projects funded in the 2026 Budget that align with the Committee Mandate.</p>	<p>April 2026</p>	<p>Includes any parks, recreation and culture projects, multi-use pathways, trails etc.</p>

CORPORATION OF THE MUNICIPALITY OF NORTH GRENVILLE

Schedule "8-8" to By-Law No. 23-23

Health, Wellness, and Fitness and Active Transportation Advisory Committee (HWFATAC)

Purpose

To provide support to develop, deliver, evaluate, and sustain a healthy community in areas that relate to the Municipality and through community partnerships. The Committee will encourage and support increased levels of personal health, wellness, and fitness through education.

The Committee shall:

- e) Provide awareness raising initiatives for the residents of North Grenville related to health, well-being and fitness topics (i.e., healthy tips, community resources),
- f) Provide input to the Council, regarding health trends and initiatives in the community and beyond;
- g) Provide support to our community stakeholders, and work to build community partnerships in achieving a community of health, wellbeing & fitness;
- h) build partnerships with other stakeholders that have a stake in the wellbeing of North Grenville residents;
- i) report back to Council on areas of interest, and with recommendations as identified through committee meetings;
- j) Act as Wellness Champions, leading by example; and

The Committee shall have regard to the shared priorities of the Community Strategic Plan, Committee Handbook, and Procedural By-Law.

Membership

The Committee shall be comprised of a minimum of four **(4)** and a maximum of eleven (11) volunteer members, the Mayor as an ex-officio member, and up to two (2) members of Council, all of whom have voting rights. A staff person(s) from Parks, Recreation, and Culture may also attend meetings as a liaison(s) to the Municipality.

In considering the appointment of voting members to the Committee, Council shall consider the following criteria for members of the Committee:

- e) Influential decision makers in the health profession from various businesses and/or industry sectors,
- f) Individuals who are prepared to commit to the responsibilities and duties required of them in their work on the Committee,
- g) Highly experienced individuals who possess unique skills and/or experience which will benefit the work of the Committee,
- h) Community members who have a very good or unique understanding of the current local health, wellness and fitness climate; and

- i) Individuals who understand that a strong commitment to this Committee is required, which means attending the majority of meetings and/or economic development events, of the Committee.

The Municipality of North Grenville is committed to advancing equity, diversity, and inclusion in every aspect of its work, including appointments to advisory committees. An increase in diversity can assist in promoting equal opportunities and memberships with a diversity of lived experiences. A more diverse membership will contribute to the work of each advisory committee. Each advisory committee shall endeavour to have balanced representation from various equity- and inclusion-seeking groups including, but not limited to, people with disabilities, francophones, Indigenous people, newcomers, older adults, racialized community members, rural residents, 2SLGBTQIA+, those facing socioeconomic disadvantage, women, minority faith-based and spiritual group members, and youth.

The Committee, by a majority vote of its members, may recommend to Council to remove any member of the Committee who does not fulfil their obligations under their appointment.

Committee Chair

The Committee shall elect a Co-Chair from among its volunteer members. The position will be elected by a secret ballot by a majority of the voting members of the Committee. A Member of Council will act as a Co-Chair.

The Co-Chairs will have a concurrent four-year term. In the absence of the Co-Chairs, the Committee shall appoint an Acting Chair.

The Committee Co-Chairs will present the Committee's reports and recommendations to Council, as required with staff support.

Advisory Experts

The Committee may invite additional content experts to attend regular meetings and to present at specific meetings in order to meet its mandate.

Meetings

The Committee shall meet once every month (for regular meetings), excluding July (11 meetings per annum) - either in person or via an accessible virtual platform. Additional meetings shall be held at the call of the Co-Chairs.

Agenda packages will be sent out the week prior to the meetings and published on the Municipality's website. Draft minutes will be distributed by email to each Committee member by the Parks, Recreation, and Culture department within one (1) week following the meeting.

Quorum

Quorum of the Committee shall be a majority of the appointed members.

Votes by the Committee will be held at regular or special meetings. Decision making of the group shall be by majority vote.

Department Jurisdiction

Parks, Recreation, and Culture - The Director is responsible to ensure that all associated legislative responsibilities to the Committee are fulfilled.

Staff Contact

Sports Facilities and Advertising Clerk

Administrative Support

The Clerk delegates authority to the Sports Facilities & Advertising Clerk to provide minute taking. Agenda preparation and distribution will be done by the Sports Facilities & Advertising Clerk in conjunction with the Co-Chairs and Clerk's division. The Clerk's division will post the agenda on the Municipal website and via the meeting calendar invitation.

Budget

The Committee will prepare an annual work plan including budget requests ahead of the budget cycle.. The Director of Parks, Recreation, and Culture shall bring forward budget requests of the Committee as part of the Municipal budget process.