



Mental Health and Addictions Alliance for Youth & Young Adults in North Grenville

**North Grenville Municipal Council meeting
January 2021**



➤ **Background**

➤ **Progress to Date**

➤ **Next Steps**



A group of caring service providers working together to help children, youth, families & caregivers in North Grenville access mental health and addictions services in their communities where and when they need them most.



Youth/Family and Service Provider Barriers/Gaps

SYSTEM NAVIGATION

SERVICE COORDINATION



STIGMA

MENTAL HEALTH
PROMOTION/PREVENTION



Strategic Directions

- **Access:** Increase access to the right services where and when children, youth, families & caregivers need them.
- **Service Coordination:** Through existing partnerships and establishing new partnerships.
- **Child, Youth and Family/Caregiver Engagement:** Partner with children, youth, families & caregivers to ensure their needs, interests and desires are incorporated at all levels of planning, implementation & evaluation.
- **Mental Health and Wellbeing:** Promote positive mental health & wellbeing and to prevent mental illness and addictions



Mission Vision Values





Youth Engagement Workshop





WAY Initiatives

Children's Mental Health of Leeds & Grenville

We have moved to
79 Shearer St, Lower Level
Kemptville Campus


Day of Walk-In	Office Location	Hours
Wednesday	Kemptville 79 Shearer Street, B-1, Lower Level Kemptville Campus	11:00am to 5:30pm

Individuals in crisis can call the office during business hours 8:30am to 4:30pm at 613-258-1959, 613-498-4844 or 1-800-809-2494

After 4:30pm, please contact the KIDS Help Phone at 1-800-668-6868

Visit our website at www.cmhl.ca

NEW Referrals are always welcome at all of our locations



WAY
Wellness
Access
for Youth

Are you looking for mental health and addictions support in North Grenville? Call WAY:

1-866-741-1WAY
(1-866-741-1929)

www.kdh.on.ca/WAY

Mental Health and Addictions Alliance for Youth and Young Adults in North Grenville

Services peut-être disponibles en français.

- 📞 wellness.access.for.youth
- 📧 @wellnessaccessforyouth
- 📧 @wellnessaccessforyouth
- 📧 info@wellnessaccessforyouth.ca

OPERATION



YULETIDE

pleo

DON'T KNOW WHICH DOOR TO GO TO?



CALL 1-866-741-1WAY
(1-866-741-1929)

- 📞 wellness.access.for.youth
- 📧 @wellnessaccessforyouth
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- 📧 info@wellnessaccessforyouth.ca

(English) Meets the 4th Thursday of every month from 7:00 to 8:30 PM

Kemptville
Kemptville District Hospital - Boardroom, 2675 Concession Road,
Kemptville, K0G 1J0

(English) Meets the 2nd Tuesday of every month from 6:30 to 8:30 PM

Please park in the upper level to access through main doors and follow the signs to the Boardroom.

Parking passes will be provided to participants



**What mental health
needs is...**

**more sunlight,
more candor,
more unashamed
conversation.
-Glenn Close**





NG Municipal Council

A Safe, Healthy and Cohesive Community

How can Council help to ensure **that every family, youth and young adult in North Grenville knows of WAY?**



Thank you!

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